



SPRING BREAK 2020
 - Week at a Glance -
 - Week 1 -

Date	Plan	Menu
Monday March 16 th	Centre Day Shamrock Shindig	Morning Snack: Bagels Lunch: Penne Pasta, Garlic Bread, Garden Salad Afternoon Snack: Shamrock Rice Krispies
Tuesday March 17 th	Out Trip YK: Grandview Lanes OK: Jericho Beach Depart: 10:30 a.m. Return: 4:15 p.m.	Morning Snack: Yogurt + Granola Lunch: Sandwiches Afternoon Snack: Chips + Salsa
Wednesday March 18 th	Out Trip YK: Map Quest (Local) OK: Grandview Lanes Depart: 11:00 a.m. Return: 4:15 p.m.	Morning Snack: Cereal Lunch: Sandwiches Afternoon Snack: Edamame
Thursday March 19 th	Out Trip YK: Terra Nova Park OK: Cinematic Views (Centre) Depart: 10:15 a.m. Return: 4:00 p.m.	Morning Snack: Smoothies Lunch: Sandwiches + Tomato Soup & Grilled Cheese Afternoon Snack: Banana Energy Bites
Friday March 20 th	Out Trip YK: Cinematic Views (Centre) OK: Terra Nova Park Depart: 10:15 a.m. Return: 4:00 p.m.	Morning: Waffles Lunch: Sandwiches + Tomato Soup & Grilled Cheese Afternoon: Homemade Baked Kale + Tortilla Chips

*Food menu subject to change.

*Please note: children are **not permitted** to bring money on trips.

*Please bring a backpack containing:

- A water bottle
- Walking shoes or boots (weather appropriate footwear)
- Rain gear and/or mitts
- Bathing suit & towel (older kids)