

| Date | Plan | Menu |
| :--- | :--- | :--- |
| Monday March 19 th | Centre Day <br> St. Patrick's Day Activities! | Morning Snack: Pancakes <br> Lunch: Spaghetti \& Garlic Toast <br> Afternoon Snack: Chips and Dip |
| Tuesday March 20 th | Field Trip <br> All: Science World <br> Depart: 10:00 a.m. <br> Return: 4:00 p.m. | Morning Snack: Cereal <br> Lunch: Sandwiches + Granola Bars <br> Afternoon Snack: Edamame |
| Wednesday March 21 st | Centre Day <br> Wheels Day | Morning Snack: Smoothies <br> Lunch: Hot Dogs \& Chips <br> Afternoon Snack: Veggies \& Dip |
| Friday March 23rd | Field Trip <br> YK: Go Banana's (Socks Required) <br> OK: Watermania <br> Depart: 10:30 a.m. <br> Return: 4:00 p.m. | Morning Snack: Eggs + Toast <br> Lunch: Sandwiches + Cookies |
| Afternoon Snack: Fruit Tarts |  |  |

*Please note: children are not permitted to bring money on trips.
*Please bring a backpack containing:

- A water bottle
- Walking shoes or boots (weather appropriate footwear)
- Rain gear and / or mitts


## Jericho Kids Club

Centre Day

## Spring Break 2018

Date: Monday March 19th, 2018

Activity: St. Patrick's Day!
Point Persons: Molly Genner \& Rosalind Doak

7:30-10:00

- Offer Group Game in the gym or outside, dependent on weather

10:00-12:00

- YK Staff See if the children want to do slime - See St. Patrick's Day activity sheet attached
- OK Staff Pick out activity from activity sheet - See St. Patrick's Day activity sheet attached

12:00-13:00

- Both programs eat lunch

13:00-15:00

- YK Staff Pick out activity from activity sheet - See St. Patrick's Day activity sheet attached
- OK Staff See if the children want to do slime - See St. Patrick's Day activity sheet attached

15:00-18:00

- Offer at least one each of organized Creative/Fine Arts and Group Games in each program

Notes: Please ensure all emergency cards / registration documents are complete. Please prepare emergency cards and transit tickets.

Jericho Kids Club
Field Trip Check Sheet

## Spring Break 2018

Date: Tuesday March 20th, 2018
Trip: Science World
Point Persons: Siobhan Hyde \& Rosalind Doak

## Trip Information:

| Date: | Tuesday March 20th, 2018 |
| :--- | :--- |
| Address: | Science World, 1455 Quebec Street, Vancouver, BC V6A3Z7 |
| Contact: | - |

Check In Time: 11:15 a.m.
Financial Information (Paid ahead of time):
Cost Per Child: $\$ 10.71$ per child including tax
Cost Per Adult: Free
Transportation:
$\begin{array}{ll}\text { Method: } & \text { Public Bus } \\ \text { Route: } & 84\end{array}$

| Departure time from JKC |  | Arrival time at JKC |
| :--- | :--- | :--- |
| *Actual Times |  |  |
| First Group: $9: 45$ a.m. | Return latest: $4: 00$ p.m. |  |
| Second Group: | $10: 30$ a.m. |  |

Notes:
Please have lunch outside before entering and snack afterwards before heading out
Please accompany children to public washroom
PLEASE DISPOSE OF USED TRANSIT TICKETS - GIVE IT TO THE CHILDREN
P.M. STAFF

See task list for cleaning / prep duties
Please prepare two short activities for our return with easy clean up

## Jericho Kids Club

Centre Day

## Spring Break 2018

Date: Wednesday March 21st, 2018
Activity: Wheel's Day!
Point Persons: Molly Genner \& Siobhan Hyde

7:30-10:00

- Offer a Group Game in the gym or outside

10:00-12:00

- All Set up obstacle course for bikes. Set up a station for bike decorations. Have staff in courtyard and front area monitoring wheels. See activity sheet for details.

12:30-15:00

- Offer a Group Game in the gym or outside

15:00-18:00

- Offer at least one each of organized Creative/Fine Arts and Group Games in each program
- Grade 2's are to not participate in screen time when in Older Kids room, please find alternative activity for them

Notes: The Point Person will assign tasks to each Pod Leader. Ensure that you have read the task list and are clear on your responsibilities.

Please remind children who are attending the following day to bring socks if they're in Younger Kids and a bathing suit / towel if they're in Older Kids.

Jericho Kids Club
Field Trip Check Sheet

## Spring Break 2018

Date: Thursday March 22nd, 2018
Trip: Watermania / Go Banana's
Point Persons: Molly Genner \& Rosalind Doak

## Trip Information:

| Date: | Thursday March 22nd, 2018 |
| :--- | :--- |
| Address: | Watermania, |
|  | Go Banana's, |
| Contact: | - |
| Check In Time | 11:15 a.m. |

Financial Information (Paid Ahead of Time):
Cost Per Child: \$10.71 per child including tax
Cost Per Adult: Free
Transportation:
Method: Charter Bus
Trip Number: 022176

| $\frac{\text { Departure time from JKC }}{\text { *Actual Times }}$ | Arrival time at JKC |
| :--- | :--- |
| First Group: $9: 45$ a.m. | Return latest: $4: 00$ p.m. |
| Second Group: $10: 30$ a.m. |  |

## Notes:

Please have lunch outside before entering and snack afterwards before heading out Please accompany children to public washroom
P.M. STAFF

See task list for cleaning / prep duties
Please prepare two short activities for our return with easy clean up

## Jericho Kids Club

Centre Day

## Spring Break 2018

Date: Friday March 23rd, 2018

Activity: Urban Safari!
Point Persons: Siobhan Hyde \& Molly Genner

7:30-10:00

- Offer a Group Game in the gym or outside

10:00-12:00

- All Prime the children for afternoon guest by playing games
- Charades
- Steal The Bacon
- Octopus

12:00-13:00

- Offer a Group Game in the gym or outside

13:00-15:00

- Set up tables in the gym for the presenter
- Create two even groups with a mixture of Younger Kids and Older Kids
- Send the first group in at 13:00
- Send the second group in at 14:00

15:00-18:00

- Offer at least one each of organized Creative/Fine Arts and Group Games in each program
- Grade 2's are to not participate in screen time when in Older Kids room, please find alternative activity for them

Notes: The Point Person will assign tasks to each Pod Leader. Ensure that you have read the task list and are clear on your responsibilities.


## St. Patrick's Day Centre Activities

1) Word Search / Colouring Sheets
2) St. Patrick's Day Slime
3) The Lucky Charm Challenge
4) Roll a Rainbow
5) Leprechaun Launcher
6) Goldrush
7) Word Search / Colour Sheets:

- There are two word searches available
- There are two colouring sheets available
- Please put out for use throughout the day, if you run out, the originals are attached for photocopying
- Feel free to search for more

2) St. Patrick's Day Slime:

- Lay out a sheet paper to cover table
- Have bowls / cups out and ready for the children
- Add some white glue to bowl (1/2 to begin with?)
- Add 1 tbsp. of liquid tide laundry detergent, stirring (popsicle stick) in between until it thickens
- Add green food colouring if you like
- Once thick and not sticking to sides of bowl, pick it up and knead it
- More kneading, better consistency / stiffer it becomes
- Bag it afterwards for kids to take home

3) The Lucky Charm Challenge:

- Grab a bowl of lucky charms
- Gather a group of children
i. Challenge: whoever can stack their lucky charms the tallest within a minute Rules:
- Can only grab one lucky charm at a time
- Can only grab another once the one they have is stacked
- If stack falls, they must rebuild
- Hands off when time ends
- Variations:
- Have the children use only their non-dominant hand
- Provide the children with clothespin to use
- Note: Please do not let the children consume the lucky charms

4) Roll a Rainbow (Yes it says $R$ inbow)

- Using the chart, roll the appropriate numbers to complete the rainbow
- Done as a competition amongst children / staff or individually

5) Leprechaun Launcher

- Materials: String, Straws, Balloons, Leprechauns
- Set up course by placing two chairs (10 feet?) apart, place pot of gold on one chair
- Place two - four more sets parallel to first set depending on amount of children
- Cut string the length between the two chairs
- Tape one end to one chair
- Pull the string to the other side
- Cut out leprechaun (can be done ahead of time) and tape onto balloon
- Blow up balloon but do not tie up (clip it) and tape straw to the top of it
- Thread string through straw
- On countdown, release balloons and see who hits the pot of gold first


6) Goldrush

- Start out by designating the field of play, with a line through the middle (Back field or gym)
- Divide the group into two teams of equal size and ability (if possible).
- Put one crate with half the gold (tennis balls) in one corner, and the other crate with the other half of the gold in the other
- When the game starts, the kids try to get to the back of the other team's side without getting touched
- They are safe on their own side as well as when they reach the back
- If they get tagged while on the other team's side, or run out of bounds, they are out, and must sit down where they are tagged
- If they go out of bounds, they must come just inside the boundary and sit
- They can be freed by one of their teammates tagging them (free walk backs after being tagged, but not for the person tagging)
- If they are tagged with a piece of gold, they must give that gold to the person who tagged them
- Kids can only carry one piece of gold at a time, and it must be in their hand where the other team can see that they have it
- The first team to get all of the other team's gold wins
- Ensure to go over the rules multiple times


## JKC Activity Planning Sheet <br> Wheels Day

Age: 5-12
Time: 1-3 Hours
Location: Courtyard and around the school
Materials: Chalk, rubber arrows, streamers, pom poms, balloons, plastic tape, cardboard for bike signs.

Set-Up: Prepare an obstacle course and a bike decoration area. Have the bike decoration area set up in the courtyard with a variety of supplies to decorate bikes. Have one staff facilitate this station. Have another staff set up the direction of the course using chalk, pylons and rubber arrows.

Priming Games: Have children assist with the bike course preparation using side walk chalk. Have children assist making traffic signs. Have all of the children participating in wheels day line up on the fence or a wall. Have one staff hold the bike signs (such as slow, go, stop, etc.). Play a version of 'Simon Says' using the traffic signs.

The Main Event: Decide whether this activity will be for both YK and OK. If they go separately, designate a time for each. Before children enter the courtyard, explain to the them the offerings, expectations and rules. Station one staff in the courtyard, one staff on the side of the school and one staff in the front. All staff need First Aid Kits and need to be able to see all children on wheels at all times. All children need to wear a helmet. Children are not allowed off site with their wheels.

Cool Down: When children are finished, ask them to assist with clean up. Have children gather in the courtyard for a group stretching session. Have one staff lead the group in some simple stretches. Remind the children to get a drink of water.

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Trip \# : 022176

